

Patience means waiting until later for what you want now.

WEEK
1

DAY 1

Read Psalm 27:14

Name some things you have to wait for in the space below. You'll see a few things already listed to help you get started:

Dinner	Your birthday
Summer	The weekend

Raise your hand if you like to wait?

All month long, we're talking about patience. Patience is waiting until later for what you want now. The truth is, no one really likes to wait. It can be hard, and frustrating, and sometimes just plain boring.

But there is some GOOD news when it comes to waiting. Even when we're bored or frustrated, we aren't alone! God is always with us. So don't lose hope. God will help you be strong and wait with patience even when it's hard!

The next time you find yourself waiting, maybe even for one the things you've listed above, pause and thank God for always being with you. Ask Him to help you wait.

DAY 2

Read Isaiah 40:31

Have you ever seen an eagle in flight? It takes quite a bit of energy to flap those large wings. So eagles have figured out how to use thermal updrafts to gain greater altitude which allows them to soar through the sky.

Just as Isaiah tells us, when we're waiting, God will give us new strength. Think about a majestic eagle soaring through the sky. We can soar right through that waiting when we remember we aren't really alone. **Ask God to remind you He is with you and that He will help you have patience!**



DAY 3

Read Romans 12:12

What do you think the word “suffer” means? To suffer means to endure something unpleasant. It can also mean to tolerate or put up with something.

You can probably name a few things you had to “put up with” even just today. Whether it was waiting for food, listening to your brother whine or completing an endless amount of math problems.

While we don’t get to choose these situations, we can choose how we face them. The key is found in the last part of this verse. When you pray, be faithful. Ask God to help you be patient, even when you’d rather complain or push back.

In the space below, fill in some of your own “suffer” scenarios. (See example below). Then read them aloud as a prayer and ask God to help you face them with patience, remembering that He is with you.

When I have to wait my turn, help me to be patient.

When _____,
help me to be patient.

When _____,
help me to be patient.

DAY 4

Read Lamentations 3:25–26

Read the list below. Put a check mark by it if you think it’s good and an X mark through it if you think it’s bad:

Licorice	Spiders	Bedtime
Bananas	Chores	Vegetables
Puppies	Sticky hands	Friends
Thunderstorms	Bee stings	Siblings

Did you know that God is always good? It’s true. God is perfect which means there is zero bad in Him. We can trust Him, always, because He is always good to us.

So, when we have to wait, when we need to be patient, we can remember one big truth. God is good and He is with us. He is good to those who put their hope and trust in Him. Remember, when you have to wait, God is with you.

Share this list with at your next family meal. Let everyone give their own thumbs up or thumbs down. At the end of the list, say “God!” As everyone gives their thumbs up, talk about how good God is always and how we can wait with patience when we remember that He is with us.

**When you have to wait,
remember God is with you.**